



Pure Elements

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Pure Elements

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Natural Plant Medicines

Natural plant medicines have been used throughout history. They deserve serious study, for their potential as a healing therapy is enormous. Traditional plant medicines are safe, comparatively inexpensive, practical to use, quick acting, and effective against infections. The use of traditional plant medicines to combat infections is adequately documented in medical and scientific literature. There is now sufficient clinical experience to show how plant medicines can be effective for a wide range of health problems. The Native American ceremonial traditional healing copals are the essence or the fragrance of the plant.

All the copals have antiseptic properties. Some of the copals that are anti-bacterial, anti-viral and anti-fungal are Black Cumin, Tea tree, Clove, Oregano, Melissa, Eucalyptus and Helichrysum. The copals that are anti-tumoral are Clove, Frankincense, and Black Cumin. The copals that are known to be anti-inflammatory are Birch, Helichrysum, Black Cumin, Peppermint, Eucalyptus, Lavender and Chamomile.

Other benefits of our traditional copals are that they assist in delivering nutrients and oxygen to the cells. They contain trace elements such as hormones, minerals, vitamins and antibiotics. The healing copals may be used for depression. Some copals that soothe and uplift are Orange, Grapefruit, Bergamot, Rose, Lavender, Ylang Ylang, Celebrate, Inner Essence and Simplicity. The copals that bring out loving feelings are Lavender, Ylang Ylang, Rose, and Neroli. The copals that are calming are Lavender, Chamomile, Ylang Ylang, Clary Sage, Cedarwood, and Tranquility.

There are some copals that are considered hot and should always be diluted. They are the copals of Cinnamon, Oregano, Cloves, Ginger, Lemongrass, Thyme and Peppermint. When first using the traditional copals it is recommended you dilute them in carrier oil at least until you know if you are sensitive to that oil.

It is important to use the traditional healing copals with intent. Expect the results - have faith. Faith is the creative force in healing the body. Here is a quote: "Faith is the ability to see the invisible and believe in the incredible and that is what enables believers to receive what the masses think impossible." Abandon being helpless - take responsibility for your health. It is your life!

You will find as you share your knowledge with others your own knowledge will increase. But, on the other hand, if you keep the knowledge and benefits to yourself, you will soon lose this knowledge.

Copal (Essential Oils) Introduction

Copal is a sacred and ancient name given to the living essence of plants. It has been utilized by Traditional Spiritual Leaders of the Native American People for time immemorial and no Medicine Man or Medicine Woman is unfamiliar with its use. As such, it is one of the most important plant Sacraments that are protected for ceremonial use by the Native American Free Exercise of Religion Act of 1993.

What is Copal? Simply put, Copal is the sap or vascular fluid derived directly from the plant. Sometimes this fluid runs out of the plant and is dehydrated into a solid or semi-solid form. Other types of Copal are expressed or distilled out of the plant or plant parts and its liquid essence is used.

The Copal of Healing is the liquid, semi-solid or solidified essence of the plant, including all of its volatile and non-volatile oils, which is used on the rocks of the purification ceremony, in the Sacred Pipe, and in the Sacred Bowl of Incense whenever these ceremonies are performed by a Medicine Man or Medicine Woman. Copal is also used in the Sacred Breath Ceremony, wherein it is either used in the Sacred Pipe and the smoke is blown upon the body of the sufferer, or it is placed directly upon the body and the Smoke of Incense or Pipe is added to it. Copal is also added to other Sacraments in healing ceremony and it is thus employed as a Sacred Food.

For those Medicine Men and Women who are Christian, as also for those who have a strong belief in the Peacemaker and a benign and beneficent Universe, Copal represents the blood which flowed out as big drops of sweat from every pore. Copal is the blood which the plant has sacrificed for the benefit of all living, but most especially those who suffer. The use of Copal in the Ceremonies of Healing, therefore, is a right and honorable remembrance of the Great Sacrifice which the Peacemaker made so that all might emerge out of this life into the next. Emergence from a condition of illness into a condition of wellness is also a beautiful example of the state of Grace into which we will emerge if we act in gratitude for all the gifts the Creator has provided.

Natural Herbal Supplements

Defense - Don't just stimulate your immune cells; modulate your entire Immune System! DEFENSE combines the proven effectiveness of 3Beta D-glucan with Natural Anti-Microbials and Healing Enhancers to create the best product available for your Immune System! Ingredients: Black Cumin: Known for millennia as one of the foremost antimicrobial oils. It enhances healing at the cellular level. Tsi-Ahga: Sacred Native-American Healing Food. Modulates a Pan-Systemic Immune Cascade. Heart of Garlic: High in antimicrobial and chelative Allicin. Muscadine Grape Seed: Anti-Oxidant protection specific to the Immune System Cells.

Natures Flora - Without the proper balance of the bacteria and fungi that inhabit our bowel and skin, we cannot ever hope to obtain the proper balance of two of the largest and most important organ systems of the body. For every cell of our bodies, there are at the very least ten symbiotic organisms on and in us. That amounts to 12 trillion individual organisms! To maintain our Terrain, we must think in terms of proper balance of all our Relations. Natures Flora contains the sixteen strains of the most important probiotics to Bowel Function, with five billion viable organisms per capsule! These strains are Micro-Encapsulated to make them both Acid-Resistant and Bile-Resistant. That means that they get to the bowel in their most viable state. Pure Elements provides an added boost to this formula. Where other companies use starchy fillers as the carrier for the viable strains, Pure Elements uses freeze dried Blueberry Powder which is high in PCG Anti-Oxidants.

Essential Zymes - Here it is! A complete formula of the essential Plant-Based enzymes which are activated and synergized with the Copal (Essential Oils) most important to the function of digestion. These Copal Mediated Enzymes contain a proprietary formula of Protease, Amylase, Lipase, Cellulase, Sucrase, Maltase, Lactase, and Bromelain, with a combination of Lemon, Orange, Peppermint, Fennel, Anise and Ginger oils.

pH Balance - The pH Balance was designed to reverse and regulate low pH for maintaining optimum alkalinity at the cellular level. With its high concentration of minerals and trace minerals, pH Balance works to achieve a homeostatic balance of the body's chemistry. Ingredients: Proprietary Organic Greens Blend (Wheat Grass Juice Powder, Barley Grass Juice Powder, Alfalfa Juice Powder, Broccoli Powder, Blueberry Puree Powder, Beet Juice Powder, Spearmint Powder, Kelp Powder, Carrot Juice Powder, Whole Apple Powder, Cherry Puree Powder), Magnesium Citrate, Coral Calcium Concentrate, and the Native American Sacred Herb Chapara.

Stevia - Stevia is one of the most health restoring plants on earth. It is a wonderful food for the pancreas and has been a natural sweetener for centuries in Paraguay and Brazil. It is 30 to 100 times sweeter than sugar. It is very high in chromium and is noted for being antifungal, antibacterial, anti-diabetic, and anti-plague. This Stevia is a pure black liquid direct from the distiller, and has not been refined, altered, or diluted in any way. It is very nice tasting.

Pure Elements (Essential Oils) Synergies & Blends

Ageless Copal: This oil was formulated to aid the skin. May assist in the repair and regeneration of wrinkles. Protects and nourishes the skin when dehydrated. It is also very good for scarring and wound healing.

Ancient Remedy Copal: May assist in building the Immune System and protecting the body against the onset of flu, candida, colds, viruses, and plagues. Great to diffuse during flu season. This blend is "hot".

Angel Wings Copal: May assist in protecting against negative energy. Helps increase and raise the energy around the body. Calming and balancing, providing peace and gentleness to the nerves.

Attract Copal: May assist in creating a feeling of love, peace, harmony and happiness. Use this oil to enhance romantic settings and intimate relationships. Can be worn as a perfume or simply diffuse in your home.

Awareness Copal: May inspire the imagination and assist in awakening the awareness of all that is going on around us. Brings us into the moment, gives you the vision of what you want in life. Helps to release past and helps you to be attuned to your purpose and direction in life.

Baby Blend Copal: May be very soothing and relaxing in your home and environment. May assist in relieving or preventing stretch marks. Creates a bonding with mom and baby, before, during and after labor. Wonderful for skin problems.

Balance Copal: May assist in promoting physical and emotional healing and bring all of the energy centers into alignment. May reduce stress and create a feeling of well-being. Strengthens and grounds the body,

Breathe Ease Copal: May assist with colds, bronchitis, cold sores, flu, respiratory congestion, pneumonia, sore throat, and mucous. Put in steam bath, tub or great to diffuse in the home for purification.

Celebrate Copal: May assist in creating a feeling of wholeness in one's own spirituality. May be useful in overcoming grief, forgiving of others and letting go of negative experiences. Promotes a feeling of love. Wear as a perfume.

Changes Copal: May assist in alleviating pre-menstrual discomforts/symptoms. May be grounding, anti-depressant and assist in stopping mental chatter. Has been know to relax and uplift the mood.

Citrus Blend Copal: This citrus blend may enhance a feeling of well-being and peace. Great for diffusing. May be antiseptic for killing airborne germs and bacteria. Good for cleaning and purification.

Clarify Copal: Was formulated to strengthen, repair and improve the eyes and eyesight. Never put directly in eye. Use before bedtime when you eyes can remain closed. Dilute with carrier oil if necessary.

Clove'n'Limes Copal: May act as a stimulant to assist you in staying alert. May be able to alleviate onset of headaches and even migraines. Can be very uplifting.

Comfort Copal: May assist problems with the digestive system. Indigestion, stomach cramps, upset stomach, belching, bloating, food poisoning, heartburn, motion sickness and eliminating parasites.

Compassion Copal: May assist in letting go of negative past and increase the desire to change. It assists in bringing back feelings of love, peace, happiness, ability to forgive and to have hope to move on in life. It strengthens the aura of the body, and is deeply relaxing

Confidence Copal: This may inspire on to follow one's path in life. May assist in overcoming self-defeating behaviors such as procrastination, self-doubt, self-pity and negative thoughts. May enhance spiritual awareness.

Courage Copal: May assist in improving balance and co-ordination by aligning the physical structure of the body. May bring the electrical energies in the body back into

harmony. Many find this blend is beneficial for the back and spinal misalignments.

Defense Copal: Formulated to build, strengthen and protect the body. May be beneficial in building the immune system. Is useful in protecting the home environment from disease.

Destiny Copal: This oil blend was formulated to help one focus on bringing forth new experiences into your life. May help in clearing confusing situations. Wear as a perfume.

Energize Copal: This may assist in supporting and improving in one's vitality. May assist the pineal, pituitary, parathyroid, thymus and adrenal glands. May also assist in improving metabolic function.

Freedom Copal: This was formulated as a safe and effective way to assist in pain relief. Excellent for joint and muscle pain or other parts of the body. This is a "hot" synergy.

Gentle Healer Copal: May assist in tissue repair/regeneration from damage or injury. May assist with cuts, bruises, scrapes, infections, burns and even effective against gangrene.

Heart & Soul Copal: May strengthen and improve cardiovascular function while bringing balance to the blood and lymphatic systems. It may also assist in lowering blood pressure, reducing stress and alleviating hemorrhoids

Helichrysum & Foraha Copal: May assist with tissue repair and regeneration. May generate new cell growth. Great for scars.

Identity Copal: Assists in times of personal challenges. Assists in the transitions of life's coarse, overcoming fear, anxiety and tension of a demanding day. May give courage and hope.

Inner Essence Copal: May assist the body with feelings of hope and achievement. May reconnect us with a feeling of strength and grounding. May assist in bringing the dreams/desires of your heart forward into your present.

Jasmine Blend Copal: May arouse an appreciation of beauty in the world and dissolve emotional blocks that hinder growth. Generates a feeling of love and peace.

Liberate Copal: May help release memory of trauma from both the liver and the center in the brain. May help one be free of addictive behavior. May help one feel liberated or free of bondage of old negative feelings.

Lighten Up Copal: Formulated to help cleanse the body of toxins. May help you loose inches and cellulite. Very rejuvenating, cleansing and refreshing. Use in your water for drinking.

Linden Blossom Blend Copal: May help in relieving stress, nervous tension and lowering blood pressure. Helps with colds, liver pain, indigestion and insomnia. Is a relaxant and good for hyperactivity.

Melissa Blend Copal: May be helpful in healing the heart energy centers. Assists in dealing with past issues, dispels fear, grief and anger. Is uplifting, bringing acceptance and understanding.

Neroli Blend Copal: May be very healing for mind, body and spirit. Brings us into the moment or present time. Helps relieve anxiety, depression, nervous tension, shock, stress related condition and emotional problems.

Pain Ease Copal: May be beneficial in assisting to relieve pain, and stimulate quicker healing. Great for infection, calms emotions, comfort during times of grief and stress related conditions

Prosperity Copal: Formulated to attract prosperity in every aspect of your life. Has a very magnetic energy and may create the law of attraction. Also may be a powerful support to the immune system.

Purify Copal: May assist in purifying airborne germs and bacteria. Beneficial in neutralizing poison from insect bites, spiders, bees, hornets and wasps. It also repels bugs and mice. Good for earaches. Use in cleaning surfaces and mold. Put in the diffuser to purify the air.

Purpose Copal: A beautiful fragrance that is very uplifting, relaxing, refreshing and elevating. Great to diffuse or wear during intimate moments. Great for using in massage. Helps to inspire direction or purpose in your life.

Reconnect Copal: Contains a combination of wonderful essential oils. May assist in removing and healing negative programming from the cells. Gives a sense of connection with deity.

Reflections Copal: This blend creates a feeling of being in the mountains. Is very grounding and may assist in helping one find security and courage. Helps bring peace and harmony to your hectic lifestyle.

Regenerate Copal: May assist in relaxing, calming and relieving tension and pain in muscles resulting from sport injuries, fatigue, cramps or stress. Increases circulation and strengthens vital centers of the body.

Rejoice Copal: May clear thoughts, aid concentration and meditation, supports in cases of low self-confidence or fear. Promotes spiritual and psychic awareness. Helps the release negative programming in the DNA cells. Spiritual connection and gratitude.

Reclaim Copal: May assist in reprogramming the miswritten codes in the DNA. May assist in clearing deep, hidden emotion. Also helps in improving body function. Helps one to take back or reclaim your original blueprint.

Request Copal: This may help creating a feeling of humility and the ability to overcome fear that sometimes stops us from moving forward in life. It helps stabilize, strengthen and uplift. It creates a sense of well-being to the whole body.

Restore Copal: It may give courage in times of sadness or grief. It may help heal emotional wounds by restoring joy and love. Diminishes depression and eases anxiety. Helps to recover from stress related conditions.

Rose Blend Copal: May enhance the frequency of every cell to bring balance, love and harmony to the body. One of the highest frequencies of love on the earth. This frequency helps to release old pain and stored negative emotions.

Sacred Essence Copal: Wonderful to recapture the joyful moments of the holiday season. Opens the brain and creates a sense of peace and grounding. Opens the brain stem and may oxygenate to pineal and pituitary glands.

Simplicity Copal: This oil is cheerful, uplifting, stimulating, balancing and restorative. Gives confidence, calms the nerves and supports all the systems of the body. Helps one create a simplified lifestyle.

Sweet Dreams Copal: May assist in processing emotional pain while sleeping. May also serve to protect one from negative dreams and their influences. Can create a more peaceful night's rest.

Synergy Copal: This may assist in repairing the body from the damages done through the use of nicotine and other addictive substances. Also may curb the desire for wanting those substances. May be useful in helping the body's energy alignment.

Tranquility Copal: May assist in reducing anxiety, depression, stress and tension. May assist hyperactive children in creating serenity in their life. Great for diffusing.

Trauma Free Copal: May assist in overcoming traumatic situations. May assist in overcoming feelings of despair and hopelessness. Creates a feeling of stability and peace

Wisdom Copal: May assist with memory retention and mental alertness. Useful while studying and taking tests. Increases energy and may be helpful for stress and tension headaches.

Whole Sun Courage Copal: May be beneficial in boosting the immune system, purifying the air, warding off viruses and bacteria in the home or at work. Has a variety of uses; diffuse in the air or use on feet to support the body's immune system.

Pure Elements (Essential Oil) Singles

Basil Copal (Essential Oil): May assist intestinal and respiratory ailments, nerves, repairing connective tissue, asthma, poor memory, fainting and depression. Can be very relaxing and soothing for muscle aches and pains.

Bergamot Copal (Essential Oil): May assist with inflammation, infection, intestinal parasites, depression, stress, vaginal Candida. Also useful as an insect repellent. Very beneficial to keep the mind alert and focused. It is a stimulant, uplifting and restores joy.

Birch Bark Copal (Essential Oil): May benefit muscle & joint discomfort, arthritis, poor circulation, cramps, gout, and is high in cortisone-like function. Helpful for broken and bruised bones.

Caieput Copal (Essential Oil): May assist with respiratory infections, bronchitis, asthma, cough, hay fever, headache, laryngitis, sinusitis, sore throat, viral infections, acne, arthritis, stiff joints, and intestinal problems.

Cedarwood Copal (Essential Oil): May assist in respiratory infection or congestion, chronic bronchitis, coughs, arthritis pain, boils, wound healing, and the nervous system. Stimulates the lymph and the circulatory systems. Calming and inspiring.

Chamomile, Roman Copal (Essential Oil): May assist in calming and relieving restlessness and tension. Eases anxiety, worries, anger and fear, gives patience, peace and calms the mind. Useful for cuts, scrapes, and bruises.

Clary Sage Copal (Essential Oil): May assist with bronchitis, hormonal imbalance, insomnia, menstrual cramps, PMS, cholesterol, and bronchitis. Use in times of personal challenges, change, especially external stress and pressure.

Clove Bud Copal (Essential Oil): May assist the respiratory system, with pain, toothache, infectious diseases, memory deficiency, and colic. Known as a natural anesthetic. May act as an anti-inflammatory, anti-fungal, anti-bacterial, anti-viral. .

Cypress Copal (Essential Oil): Circulation, may stop bleeding, assist with diarrhea, tightening tissues, nerve viruses, colds, thyroid dysfunction, and fatigue. Very uplifting, fortifying and grounding. Strengthens, eases the feeling of loss.

Dill Seed Copal (Essential Oil): May assist in supporting pancreatic function, normalizing glucose and insulin levels. Promotes milk flow for nursing mothers. Also calms the stomach.

Eucalyptus Radiata Copal (Essential Oil): May assist with Athletes foot and other fungal infections, cuts, herpes, hiccups, asthma, bronchitis, colds, fevers, and expels mucous. Promotes health, well-being, purification, and healing. Wonderful for the respiratory system.

Fennel Seed Copal (Essential Oil): May assist the liver and aid digestion, increase lactation, beneficial for constipation and detoxifying. Balancing to the hormones, toning to the reproductive system.

Frankincense Copal (Essential Oil): Incredible immune builder, may assist dry skin, scars, fevers, anxiety, and ease labor pain. May be anti-tumoral, and act as a natural anti-depressant. Increases oxygen to the brain. Recognized for increasing spiritual awareness and meditation.

Geranium Copal (Essential Oil): May assist with acne, burns, bruises, broken capillaries, cellulite, lice, all skin types, jaundice, PMS, and known to make an excellent anti-depressant. May be neuro-balancing, sedative, and soothing anxiety and stress.

Geranium, Rose Copal (Essential Oil): The benefits of the two geraniums are similar, with the Rose Geranium having a rosy smell, and may assist with hot flashes. This may assist in releasing the negative past and letting go of tension and anxiety. May help overcome the fear of speaking.

Ginger Root Copal (Essential Oil): May assist with digestion, memory, fatigue, chills, flu, rheumatism, sprains, gas, nausea, motion sickness, and nervous exhaustion. Enhances physical energy, sharpens the senses, improves memory, aids in recall.

Grapefruit, Pink Copal (Essential Oil): May assist with digestive complaints, obesity, muscle fatigue, kidney and liver problems. Beneficial for cellulite, water retention, headaches, drug and alcohol withdrawal. Uplifting, gives confidence and helps with positive self-worth.

Helichrysum Copal (Essential Oil): May be beneficial for hearing caused by nerve damage and healing open wounds, great for trauma, bruises, burns, acne, broken veins, stretch marks, and old scars. Excellent pain reliever, infection fighter, and helps to repair tissue.

Jasmine Blend Copal (Essential Oil): This oil comes from the jasmine that blooms during the day and is considered the fun-loving fragrance, may benefit hoarseness. Laryngitis, lethargy, menstrual problems, and uterine disorders. Aids anxiety, apathy, depression, energizing, and for confidence.

Juniper Berry Copal (Essential Oil): May help in detoxifying and cleansing, may assist dermatitis, psoriasis, skin ulcers, acne, hair loss, hemorrhoids, urinary infections, and bladder problems. This has been known as a neuro-stimulant.

Lavender Copal (Essential Oil): May be beneficial for skin conditions, anti-infectious, good for acne, insomnia, lowering blood pressure, fluid retention, premenstrual and menopausal problems, hair loss, diaper rash, allergies, asthma, athlete's foot, and boosts immunity. A Universal oil that benefits many symptoms.

Lemon Copal (Essential Oil): May aid in digestive problems, cleansing of the lymphatic system, mouth ulcers, herpes, clears thought, fever reduction anemia, heartburn, gout, uterine infections, and intestinal parasites. May be beneficial in purification of water and used in cleaning.

Lemongrass Copal (Essential Oil): May stimulate digestion and liver, regulating the parasympathetic system, strengthening vascular walls, regenerating connective tissue, immune stimulant, and lymphatic drainage. Calming and purifying.

Lime Copal (Essential Oil): May be beneficial for viral infections, flu, fevers, eases inflammation, cough, spasms, sore throat, aids cardiovascular disease, liver pains, and flatulence. Assists in apathy, anxiety, tension, depression, refreshes tiredness.

Mandarin, Red Copal (Essential Oil): May assist hiccups, congested and oily skin, acne, stretch marks, strengthens the digestive function and liver. Increases lymphatic circulation and detoxification. Helpful in insomnia, nervous tension, and restlessness.

Marjoram Copal (Essential Oil): May assist spasm, muscular aches and stiffness, sprains, bruises, chronic fatigue, and respiratory problems. Assist with circulatory disorders, asthma, bronchitis, coughs, colic, colds, headaches, lowers blood pressure, is a arterial vasodilator, and a sedative.

Melissa Blend Copal (Essential Oil): May assist in calming and lowering blood pressure. May act as an anti-inflammatory and a anti-cholera agent. Beneficial for insomnia, nervousness, anxiety and may help deal with emotional shock and grief.

Myrtle Copal (Essential Oil): May assist respiratory problems, asthma, sinus infection, prostate, decongestant, infectious disease, flu, and colds. Beneficial for insomnia, neuro-balancing, soothes anger, fear, despair, fear of illness, and death.

Neroli Blend Copal (Essential Oil): May assist the digestive system, fight bacteria, infection, viruses and parasites. It is antibacterial, and an anti-depressant. Used to balance the entire body. Use for shock, nervous tension and stress related conditions and emotional issues.

Nutmeg Copal (Essential Oil): May assist support adrenals, increase energy, and nervous fatigue. May also fight rheumatoid arthritis, gas, and poor circulation. Invigorates and activates the mind. May increase circulation.

Orange Copal (Essential Oil): May assist improving digestion, sedative, warms chills, palpitations, muscular spasm, and may bring joy. Lowers body temperature, cools a fever or warms chills. Balances the emotions, awakens creativity, and promotes positive self-worth.

Oregano Copal (Essential Oil): Known to be anti-bacterial, anti-fungal, anti-viral, anti-parasitic, may assist with warts, mental disease, and muscular pain. May strengthen the immune system. Strengthens and feeling of self-security.

Palmarose Copal (Essential Oil): May assist skin problems, acne, wrinkles, candida, rashes, nerves, anti-microbial, anti-fungal, and anti-viral. Calming and uplifting. Helps with decision making and helps to develop wisdom.

Patchouli Copal (Essential Oil): May assist wrinkles, chapped skin, skin allergies, hives, ant-infectious, anti-inflammatory, and nervous exhaustion. Strengthens and ground the body. Diminishes depression and eases anxiety.

Peppermint Copal (Essential Oil): May assist with shock, fever, arthritis, flu, migraine, headaches, antiseptic, colds, swelling, chronic fatigue, digestion and heartburn. Also a universal oil to be used for many symptoms. Has been known as a neuro-stimulant. Calms or keeps you awake and alert.

Petitgrain Bigarade Copal (Essential Oil): May assist with re-establishing nerve equilibrium. May help with fatigue, insomnia, and excessive perspiration. It brings a positive energy and promotes optimism.

Pine Needles Copal (Essential Oil): May assist with diabetes, severe infections, pulmonary infection, and rheumatoid arthritis. It may stimulates and balances the adrenal glands. Helps to heal the heart center.

Ravintsara Copal (Essential Oil): Known as "the oil that heals", may act as an anti-viral, anti-bacterial, anti-fungal, and anti-infection. May assist with liver, lung, and the flu. Assists the respiratory system, cuts, wounds, burns, and is a natural anti-biotic.

Rose Blend Copal (Essential Oil): May assist in preventing or reducing scarring. Balancing and alleviating to the mind, creating a sense of well-being. One of the highest frequencies known to man. May help to balance the hormones, elevate the mind and help one feel inner beauty and love.

Rosemary Copal (Essential Oil): Good all around oil, may assist sinuses, flu, liver, kidneys, memory function, energy, and with conditions such as diabetes and aging. Known to be anti-viral. Arouses ambition and drive and strengthens willpower. Very uplifting and energizing.

Rosewood Copal (Essential Oil): May help fight infection, and act as a anti-parasitic and anti-fungal. May help with scars, skin problems, depression, nervous tension and stress. Believed to slow aging process assisting in creating skin elasticity, very soothing for skin problems.

Sage Copal (Essential Oil): May assist with eczema, acne, digestion, liver, glandular disorders, nervous system, and adrenal cortex. May act as a diuretic or an anti-cancer agent. Balancing for the hormones and glandular disorders.

Sandalwood Copal (Essential Oil): May assist as an anti-depressant, sedative, antiseptic, expectorant, and stimulates the immune system. Balances any skin type or condition. Detoxifying and decongesting to the lymph and other systems. Assists in removing negative programming.

Spearmint Copal (Essential Oil): May assist respiratory, nervous, and glandular systems, anti-fungal, anti-parasitic, anti-inflammatory, candida, and digestion. May assist in flu, cramping, nausea, migraine, fatigue, and headache.

Spruce Copal (Essential Oil): May be a beneficial for slow-healing wounds, burns, bruises, cuts, fungal infections, soothes inflammations, dilates bronchi, eases mucous, lowers blood pressure, and may aid with candida infections. Mentally and physically grounding.

Notes